

Please Stop the Medications in Yellow 5 days Prior to Allergy Test

MEDICATIONS CONTAINING ANTIHISTAMINES:	SEDATIVES/SLEEPING MEDICATIONS:	REFLUX AND NAUSEA MEDICATIONS:	***BETA BLOCKERS** **HEART RELATED**
<ul style="list-style-type: none"> • Benadryl® (diphenhydramine) • Allegra® (fexofenadine) • Zyrtec® (cetirizine) • Claritin® (loratadine) • Clarinex® (desloratadine) • Xyzal® (levocetirizine) • Chlor-Trimeton® • Dimetapp® (brompheniramine) • Actifed® • Tylenol Allergy® • Nasal sprays or eye drops containing azalastine or olopatadine • Midol® (pyrilamine maleate) 	<ul style="list-style-type: none"> • Ambien® (zolpidem) • Elavil® (amitriptyline) • Sinequan® (Doxepin) • Pamelor®, Aventyl® (Nortriptyline) • Desyrel® (Trazadone) • Wellbutrin® (bupropion) • Ativan® (lorazepam) • Klonopin® (clonazepam) • Valium® (diazepam) • Xanax® (alprazolam) • Melatonin 	<ul style="list-style-type: none"> • Pepcid® (famotidine) • Tagamet® (cimetidine) • nizatidine • Compazine® (prochlorperazine) • Antivert®/Bonine® (meclizine) • Phenergan® (promethazine) • Dramamine® (dimenhydrinate) 	<ul style="list-style-type: none"> • Metoprolol® • Atenolol® • Acebutolol® • Nadolol® • Propranolol® • Bisoprolol® • Carvedilol® • Nebivolol® • *or any other medication ending in - "olol"
YOU DO NOT HAVE TO STOP NASAL STEROID SPRAYS SUCH AS:	YOU DO NOT HAVE TO STOP OTHER ANTIDEPRESSANTS SUCH AS:	YOU DO NOT HAVE TO STOP THESE MEDICINES FOR REFLUX:	YOU DO NOT HAVE TO STOP OTHER HEART MEDICATIONS SUCH AS:
<ul style="list-style-type: none"> • Flonase®(fluticasone) • Nasacort® (triamcinolone) • Nasonex® (mometasone) • Rhinocort® (budesonide) • Xhance® (fluticasone) • Singulair® (montelukast) 	<ul style="list-style-type: none"> • Prozac®(fluoxetine) • Cipramil®(citalopram) • Zoloft®(sertraline) • Paxil®(paroxetine) • Lexapro®(escitalopram) 	<ul style="list-style-type: none"> • Prevacid® (lansoprazole) • Prilosec® (omeprazole) • Protonix® (pantoprazole) • Nexium® (esomeprazole) • Tums® 	<ul style="list-style-type: none"> • Ace inhibitors • Calcium channel blockers • Diuretics Common ones include: <ul style="list-style-type: none"> • Lisinopril • Captopril • Benazepril • Enalapril